

## SAMPLE SUITCASE PACKING LIST

June 28 - July 3, 2007

1. Club Arrowhead w/Olympic Motto Hoodie
2. White w/Lime Green Club Arrowhead/Roshambo T-Shirt
3. Black T-Shirt w/Red Club Arrowhead/Roshambo T-Shirt
4. White Nationals T-Shirt
5. Soffee Shorts w/That Team on Back
6. Clothes for 5 days, i.e. Shirts, Shorts and/or Pants. Everyone should have at least 1 pair of pants other than the warm up pants.
7. Underwear and socks for 5 days
8. Sleepwear
9. Bathing Suit
10. Personal articles (toothbrush, tooth paste, comb, curling iron, makeup, hair spray, deodorant, shampoo, cream rinse, etc.)
11. Shoes - both left and right - Please bring tennis shoes or other shoes that will allow for trouble free walking.
12. Sunscreen - We will be outdoors, weather permitting, and don't want to send home any girls with sunburns.
13. Prescription Medicine (if applicable, i.e. allergy medicine, etc.)
14. Non-prescription medicine - (if applicable, i.e. Tylenol, Tums, etc.)
15. Pillow and blanket for gym (optional)
16. Disposable Camera (optional)

Please Note: Your child will be required to carry all items that they bring. Please make sure to pack light!